



THE HIGHLANDER

A PUBLICATION OF THE HIGHLAND RESCUE TEAM AMBULANCE DISTRICT- JUNE 2011

HIGHLAND RESCUE TEAM VOLUNTEERS – 50 YEARS OF SERVICE TO COMMUNITY!

MESSAGE FROM THE PRESIDENT OF THE BOARD: We are celebrating almost 50 years of service to our community. The Team wants to express its deep appreciation for the on-going support and confidence that you have given us. We remain committed to providing excellence in pre-hospital medical care. You demonstrated that confidence when you authorized the creation of the Special District in 2004. Thanks to you, the 2 mill tax levy approved ensures the District is financially sound and has the resources to provide 24/7 Advanced Life Support service to the residents of the District and those that transit the District daily. Volunteer leadership has increased membership to over 50, including 14 paramedics, and over 35 EMTs and First Responders. In order to provide adequate quarters for our members, the District is embarking on an expansion of our Lookout Mountain Road Station. Thanks to the Highland Rescue Team Foundation and prudent financial management by the Board, the District will incur no debt with the expansion and require no increase in millage.

Thank you for your support of the Volunteers who have provided emergency medical service to our community for almost 50 Years!

**Annette "Nettie" Calvi, President of the Board,
Highland Rescue Team Ambulance District.**

HIGHLAND STATION EXPANSION ON TRACK: The District recently submitted plans to Jefferson County Planning Commission for approval. This process should be completed in approximately one month. After that the District will solicit bids for the construction.



Proposed view of the station.

COMMUNITY CPR AND FIRST AID TRAINING:

HELP US TO HELP YOU.... LEARN FIRST AID & CPR!

Did you know that Sudden Cardiac Arrest claims almost 1000 lives a day just in the U.S.? Eighty two percent of out-of-hospital cardiac arrests happen in the home. Even with an average response time of only 5 minutes, EMS professionals may not arrive in time to help the victim. It is time for you to know how to help.

The great thing is, CPR is easier than ever to learn and remember. With a much greater emphasis on compressions, not only is the new method easier, it is more effective and we are actually saving more lives!

Highland Rescue is pleased to be able to offer this simple yet comprehensive training to you, our neighbors, at NO CHARGE!

Our instructors are kind and compassionate. They will do their best to take the fear out of helping a victim. They will leave you feeling confident and capable of helping others.

We look forward to seeing you in our classes. Call the Station at 303-526-9571 for details. Class times can be offered to meet the needs of District residents.

New CPR standards have been issued by the American Heart Association. Be up to date and ready to save a life!

“BUY A ROCK” CAMPAIGN: The proposed rock façade of the station will be the subject of a capital fund drive. It is estimated to cost approximately \$15,000. The rock will match the stone on the main building at Mount Vernon Country Club as close as possible. A plaque will honor those donating \$100 or more to the “Buy a Rock” campaign. Large corner rocks will go for \$1,000. See the form at the end of the newsletter to join the “Buy a Rock” campaign and help improve the esthetics of our Station.

MOUNT VERNON METROPOLITAN DISTRICT ALLOWS USE OF 1/3 ACRE FOR PARKING SPACE. The generosity of Mount Vernon and its proprietary members will provide parking space for Highland members. The Mount Vernon Metropolitan District and Highland Rescue Team Ambulance District entered into an Intergovernmental Agreement for use of 1/3 of an acre just north of the Station which will provide 14 new parking spaces. The land will be graded and paved. The current price of asphalt may cause a delay in the final paving.

THANK YOU MOUNT VERNON!!!

HIGHLAND FOUNDATION CONTRIBUTES \$200,000 FOR EXPANDED STATION:

The Highland Rescue Team Foundation Board of Directors voted unanimously to contribute \$200,000 to the cost of expanding the Station. The Foundation was originally created to protect a gift of approximately \$150,000 given to the Team in the late 1990’s. Good investment and additional contributions grew the principal to over \$400,000. The Station expansion was identified as the most critical need for the Team, and the Foundation Board determined that a sizeable contribution to the Team was warranted.

THANK YOU HIGHLAND RESCUE TEAM FOUNDATION!!

THE TEAM: 86% VOLUNTEERS.

ADVANCED LIFE SUPPORT – AROUND THE CLOCK. The Highland Rescue Team is at full strength; there are 14 paramedics, and over 35 EMTs and First Responders providing coverage 24/7 to the 12,500 residents of the District and those that transit the District (80,000 vehicles/day). Sixteen of the Team Members live in District, seven in the Lookout Mountain area, eight live in Genesee and one in Idledale.

Volunteers contribute EMS duty hours of service valued at \$250,000+ each year to the District. Training and non-EMS service to the District are valued at an additional \$150,000. Thanks to all our volunteers for their service to the District.

CALL STATISTICS:

2010 TOTAL CALLS	2011 CALLS MID-MAY	GENESEE CALLS	FOOT- HILLS CALLS	I-70 CALLS
499	226	54	93	72
TRAUMA CALLS	MEDICAL CALLS	FIRE ASSIST CALLS	CITIZEN ASSIST CALLS	TRANS- PORTS
84	79	70	1	75

BOARD 2010 MEETING SCHEDULE: All meetings are held on the second Monday of each month at Highland Station at 6:00 p.m. All Board meetings are open to the public.

9HEALTH FAIR: The District recently sponsored its third annual 9Health Fair which was held this year at Rockland Community Church. Approximately 250 people attended the fair.



New screenings were provided this year including bone density, blood sugar and pulse oximetry. Over half of Highland's volunteers contributed their time to the success of the Fair. Seven (7) of Highland's volunteers were classified as "hard stick" personnel for the blood draws. Rockland Community Church provided a great venue for 9Health Fair and their cooperation and assistance was exemplary.

THANK YOU ROCKLAND COMMUNITY CHURCH!!!



Highland offered 10 tables for blood draws, ensuring that the lines kept moving.

ELECTION OF NEW BOARD MEMBERS OFFICERS: The Board elected new officers in May 2010. Annette "Nettie" Calvi of Idledale is serving as President of the Board, Patrick Smith, continues to serve as Treasurer and James Espy is serving as Secretary. Both Patrick and Jim are from the Lookout Mountain area. Robb Gair from Genesee and Ed Daniels from Lookout Mountain continue to serve on the Board.

HRTAD ORGANIZATIONAL CHANGES: Barb DeBoer, is the new part-time Administrator and is in the office on Monday, Wednesday and Thursday between the hours of 9:00 a.m. and 3:00 p.m.

New Officers of the Team include Alan Feldman, promoted from Lieutenant to Captain, Sharon Jones and Ed Westergaard promoted to Lieutenant, both of whom live in Genesee. Dave Rush, of the Lookout Mountain area is serving as a training officer.

HIGHLAND GOES GREEN – A SOLAR SYSTEM INSTALLED AT HIGHLAND STATION: Last Spring a Solar system was installed at Highland Station. The system has generated 6118 kWh of electricity and saved 10,400 lbs of CO2 since it was installed in April 2010.



HIGHLAND OFFERS WILDERNESS FIRST AID COURSE: This 2 day hands on course is designed for people who spend time in places where emergency response is typically delayed. The focus is on commonly encountered injuries

and illnesses, and managing these problems. Improvisation and adaptability are encouraged. The course emphasizes practical solutions using equipment typically carried with groups into remote locations. Outdoor scenarios are part of this class and are designed to reinforce skills and build confidence. If you are interested, please contact the Station at 303-526-9571.

FOOTHILLS AUXILIARY PANCAKE BREAKFAST – JUNE 5 The Foothills Auxiliary is holding its annual Pancake Breakfast on June 5, beginning at 7:00 a.m. The Auxiliary is committed to assisting Foothills Fire, Genesee Fire and Highland Rescue Team during signifi-

cant events in the District. Providing food and drink for Firefighters and Rescue Team members is just one of the ways that they provide assistance. Please support the Auxiliary.



THANK YOU TO OUR DISTRICT RESIDENTS; As always, your generosity is deeply appreciated. Economic times are still tough. The residents of the District continue to open their hearts and wallets to provide support to the Highland Rescue Team Foundation. From all of us a heart-felt **Thank You!!**

Board Members: Nettie Calvi, President (303-697-4036), Ed Daniels (303-526-9651), Patrick Smith, Treasurer (303-526-0649), Jim Espy, Secretary (303-526-0507), Robert Gair (303-526-1758)

**Highland Rescue Team Foundation
Donations**

Contribution: \$25 \$50 \$100 \$250 \$500 \$1,000 Other: _____

Buy a Rock Campaign: \$100 \$250 \$500 \$1,000 Other: _____

Name: _____ **Address:** _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____

Please make check payable to the "Highland Rescue Team." All donations are tax deductible.

**Highland Rescue Team Ambulance District
317 South Lookout Mountain Road
Golden, Colorado 80401
(303-526-9571)**